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Instructions For Temporary Crowns/Bridges/Veneers

Crowns/Bridges/Veneers usually take two or three appointments to complete. During the first appointment, the teeth are prepared. Temporary Crowns/Bridges/Veneers are placed to protect the teeth while the permanent restoration is fabricated. These are some tips to help prevent temporary

Crowns/Bridges/Veneers from coming off:

- Avoid chewing while numb
- Do not chew any sticky candies such as gum or taffy with temporary as they may come off
- Do not chew hard foods such as pretzels, jolly ranchers, apples with temporary as they may break
- Do not floss very aggressively around temporary
- Chew on the opposite side of temporary

Sometimes temporary Crowns/Bridges/Veneers become loose or come off. Call us immediately when this happens and bring the temporary so we can re-cement it on the tooth. It is very important for the temporary to stay in place because this will affect the fit of your permanent Crowns/Bridges/Veneers.

It's normal to experience some hot, cold and pressure sensitivity after each appointment. Your gums may be sore for several days. Rinse every 4 to 6 hours with warm salt water (1 tsp of salt in a 12 oz cup of warm water, rinse-swish-spit) to reduce pain and swelling. Use medication as directed.

If your bite feels uneven, if you have persistent pain, or you have any other questions or concerns, please call our office.